

PRIMARY CARE CME LIBRARY

Faculty and Learning Objectives

Mitigating the Risk of Prescription Opioid Misuse in the Management of Acute and Chronic Painful Conditions: Part 1 - Introduction, History, and Shared Guidelines

David Galbis-Reig, MD, DFASAM

Medical Director

Addiction Services

Ascension Wisconsin All Saints

After completing this activity, the participant should be better able to:

- Discuss the epidemiology and societal impact of the current prescription opioid epidemic
- Describe the current opioid epidemic in its historical context and explain why opioid prescribing guidelines have been developed
- Outline the rationale behind each of the Centers for Disease Control and Prevention (CDC) opioid prescribing guideline recommendations and explain how these may differ from individual State Medical Examining Board Guidelines (with a specific focus on Wisconsin)

1 AMA PRA Category 1 Credit™

1.0 ANCC Contact Hour of Continuing Education

This activity is approved for ABIM Maintenance of Certification Part 2 credit.



Mitigating the Risk of Prescription Opioid Misuse in the Management of Acute and Chronic Painful Conditions: Part 2 – Wisconsin-Specific Guidelines and Risk Management

David Galbis-Reig, MD, DFASAM

Medical Director

Addiction Services

Ascension Wisconsin All Saints

After completing this activity, the participant should be better able to:

- Explain the rationale behind the Wisconsin Medical Examining Board's State-Specific Opioid Prescribing Guidelines
- Discuss some of the available risk assessment and monitoring tools to identify at-risk patients prior to, and during, the prescribing of opioids on an ongoing basis
- Describe how to use risk mitigation tools including prescription drug monitoring programs, urine drug testing, and pill counts

1 AMA PRA Category 1 Credit™

1.0 ANCC Contact Hour of Continuing Education

This activity is approved for ABIM Maintenance of Certification Part 2 credit.



Healthcare Preparedness and the Medical Consequences of Bioterrorism

Crystal Watson, MPH

Senior Associate

University of Pittsburgh Medical Center

Center for Health Security

After completing this activity, the participant should be better able to:

- Explain the reasons for healthcare preparedness for bioterrorism
- Discuss the major preparedness initiatives for response to bioterrorism
- Outline the highlights of clinical management for Category-A bioterrorism agent-related conditions

1 AMA PRA Category 1 Credit™

1.0 ANCC Contact Hour of Continuing Education

This activity is approved for ABIM Maintenance of Certification Part 2 credit.



Clostridium difficile and Overuse of Antibiotics: What to Know

Marc S. Itskowitz, MD, FACP

Associate Professor of Medicine

Temple University School of Medicine

Director, Didactic Education

Allegheny General Hospital

Director, Center for Perioperative

Medicine Allegheny Health Network

After completing this activity, the participant should be better able to:

- Discuss the prevalence of *C. difficile* infection
- Review the risk factors for *C. difficile* infection
- Employ strategies to reduce the incidence of *C. difficile* infection

1 AMA PRA Category 1 Credit™

1.0 ANCC Contact Hour of Continuing Education

Racial, Ethnic, and Cultural Influences on Palliative and End-of-Life Care

Jung Kwak, MD

Associate Professor
Helen Bader School of Social Welfare
University of Wisconsin-Milwaukee

William E. Haley, PhD

Professor of Aging Studies
College of Behavioral and Community Science
University of South Florida

After completing this activity, the participant should be better able to:

- Compare and contrast various cultural traditions, norms, and values of major racial/ethnic groups and how they relate to end-of-life issues
- Explain the role of disparities in access and outcomes at the end of life across major racial/ethnic groups
- Identify culturally sensitive strategies for addressing decisions about end-of-life care and providing culturally competent palliative and end-of-life care
- Locate resources appropriate for various ethnic groups to aid in the process of end-of-life decision making

1 AMA PRA Category 1 Credit™

1.0 ANCC Contact Hour of Continuing Education

This activity is approved for ABIM Maintenance of Certification Part 2 credit.



Subacromial Impingement Syndrome: A Review of Nonoperative Treatment for Primary Care Physicians

Daniel E. Davis, MD, MS

Department of Orthopaedic Surgery
Thomas Jefferson University

Joseph A. Abboud, MD

Director of Research—Shoulder and Elbow Division
The Rothman Institute at Thomas Jefferson University

After completing this activity, the participant should be better able to:

- Define the difference between intrinsic and extrinsic causes of rotator cuff tendinopathy
- Describe the physical exam maneuvers to test for rotator cuff impingement and tendinopathy
- Order the appropriate imaging studies for patients with suspected rotator cuff pathology
- Explain when to refer a patient with rotator cuff symptoms for an operative consultation

1 AMA PRA Category 1 Credit™

1.0 ANCC Contact Hour of Continuing Education

Drug Therapy for Older Type 2 Diabetes Patients: When Do Hypoglycemia Risks Outweigh HbA1c Goals?

Marc S. Itskowitz, MD, FACP

Associate Professor of Medicine Temple
University School of Medicine Director,
Didactic Education Allegheny General
Hospital
Director, Center for Perioperative Medicine
Allegheny Health Network

After completing this activity, the participant should be better able to:

- Review the prevalence of diabetes in the elderly
- Explain the consequences of hypoglycemia in the elderly
- Employ strategies to reduce the incidence of hypoglycemia

1 AMA PRA Category 1 Credit™

1.0 ANCC Contact Hour of Continuing Education

Using Injury Algorithms to Discriminate Physical Child Abuse from Trauma

Debra Esernio-Jenssen, MD

Medical Director

Child Advocacy Center Allentown, PA

Barbara L. Knox, MD

Medical Director

University of Wisconsin Child Protection Program

After completing this activity, the participant should be better able to:

- Describe the location and patterns of bruising that characterize abuse.
- Explain the significance of sentinel injuries
- Discuss the components of a thorough burn history.
- List features that help discriminate unintentional from abusive burns.

1 AMA PRA Category 1 Credit™

1.0 ANCC Contact Hour of Continuing Education

The Case For and Against Annual Checkups

Michael Rothberg, MD

Professor of Medicine

Cleveland Clinic Lerner College of Medicine

Case-Western Reserve University

After completing this activity, the participant should be better able to:

- Summarize the evidence regarding randomized trials of annual checkups
- Contrast the arguments for and against annual checkups
- Describe the elements of the Medicare Annual Wellness Visit
- Differentiate the recommended screening for healthy patients by age and sex

1 AMA PRA Category 1 Credit™

1.0 ANCC Contact Hour of Continuing Education

Techniques to Avoid Medical Charting Errors in the Practice Setting

John Davenport, MD, JD

Partner Emeritus

Southern California Permanente Medical Group

Physician Risk Manager – Orange County

After completing this activity, the participant should be better able to:

- Explain why the standard of care requires reasonable care—not average or academic care
- Describe situations where an increased diligence in charting should occur
- Discuss how to use the copy and paste function and macros in the electronic medical record
- Explain the power of character evidence and how your chart influences character evidence

1 AMA PRA Category 1 Credit™

1.0 ANCC Contact Hour of Continuing Education

Deciding When and How to Discontinue Preventive Medications in Elderly Patients

Lyn Weinberg, MD

Geriatric Medicine Faculty
Allegheny Health Network
Assistant Professor of Medicine
Temple University School of Medicine

After completing this activity, the participant should be better able to:

- Describe the risk of polypharmacy and the impact of adverse drug events in older adults
- Review strategies for taking an accurate medication history in an elderly patient
- Apply a conceptual framework with four components to consider in determining whether a preventive medication is appropriate to be discontinued

1 AMA PRA Category 1 Credit™

1.0 ANCC Contact Hour of Continuing Education

Prescribing Hormone Therapy for Postmenopausal Women: Optimizing the Balance of Benefits and Risks

Stephanie Faubion, MD, FACP, NCMP, IF

Director, Women's Health Clinic and Office of Women's Health
Division of General Internal Medicine
Mayo Clinic

JoAnn E. Manson, MD, DrPH, NCMP

Chief, Division of Preventive Medicine
Brigham and Women's Hospital
Professor of Medicine
and the Michael and Lee Bell Professor of Women's Health
Harvard Medical School

After completing this activity, the participant should be better able to:

- Identify appropriate candidates for the use of systemic postmenopausal hormone therapy
- Utilize a treatment algorithm to aid decision making regarding prescription of postmenopausal hormone therapy
- Discuss indications for prescribing low-dose vaginal estrogen therapy to appropriate candidates with genitourinary syndrome of menopause

1 AMA PRA Category 1 Credit™

1.0 ANCC Contact Hour of Continuing Education

New Options for Treating Hepatitis C in the Coinfected HIV Patient

Nitin Bhanot, MD, MPH

Program Director, Infectious Disease
Fellowship Division of Infectious Disease

Rasha Abdulmassih, MD

Division of Infectious
Disease Allegheny General
Hospital Allegheny Health
Network

After completing this activity, the participant should be better able to:

- List the newer antiviral agents available to treat hepatitis C in HIV coinfecting patients
- Recognize the recommended antiviral regimens for this patient population
- Manage important drug-drug interactions between HIV and hepatitis C antiviral agents

1 AMA PRA Category 1 Credit™

1.0 ANCC Contact Hour of Continuing Education

Knee Pain in the Primary Care Setting: Evaluation, Treatment Options, and When to Refer

Bryan M. Saltzman, MD

Resident, Orthopedic Surgery
Rush University Medical Center
Chicago, Illinois

After completing this activity, the participant should be better able to:

- Describe how to obtain a clinical history to further characterize a patient's knee pain, including how to subsequently perform a complete examination of the painful knee
- Perform a focused differential diagnosis for knee pain as it presents to the primary care office
- Discuss basic initial treatment options for these patients
- Utilize the proper laboratory tests and imaging studies initially and employ further advanced imaging studies when they would enhance the physician's diagnosis
- Determine when it is appropriate to refer a patient with knee pain from the primary care setting to an advanced care specialist

1 AMA PRA Category 1 Credit™

1.0 ANCC Contact Hour of Continuing Education

Evidence-Based Complimentary/Integrative Medicine Techniques for Pain Management

Paul Arnstein, PhD, RN, FAAN

Adjunct Associate Professor

Nurse Practitioner Program

Massachusetts General Hospital Institute of Health Professions

After completing this activity, the participant should be better able to:

- Describe the trends leading from the transition of conventional vs "alternative" strategies to an integrated best practice approach to managing chronic pain
- Identify at least 3 nondrug pain relief options that can be integrated into primary care and 3 options patients can be referred to in order to receive multidisciplinary or integrated care
- Distinguish the mechanisms by which physical modalities differ from cognitive-behavioral methods of controlling pain
- Describe how multimodal therapy using a team-based approach best reduces pain and improves function

1 AMA PRA Category 1 Credit™

1.0 ANCC Contact Hour of Continuing Education

Liability Issues in Managing Noncompliant Patients

Amanda B. Kuenstler, MSc, BSN, RN, CPHRM

Risk Management Specialist

University of Texas Medical Branch

After completing this activity, the participant should be better able to:

- Recognize fundamental elements of the physician-patient relationship
- Define the term 'noncompliance' as it is used in the physician-patient relationship in health care today
- List the 4 elements needed to prove negligence in a malpractice case
- Describe the 5 situations in which termination of the physician-patient relationship is appropriate and the 6 situations in which it is not appropriate
- Discuss the recommended steps in making a patient termination

1 AMA PRA Category 1 Credit™

1.0 ANCC Contact Hour of Continuing Education

Laryngopharyngeal Reflux: Diagnostic Pitfalls and Treatment Strategies

Andrew K. Johnson, MD

Department of Otolaryngology

UT Southwestern Medical Center

Dallas, TX

David A. Johnson, MD, MACG, FASGE, FACP

Professor of Medicine/Chief of Gastroenterology

Eastern VA Medical School

Norfolk, VA

After completing this activity, the participant should be better able to:

- Describe the pathophysiology of laryngopharyngeal reflux (LPR)
- Highlight the importance of in-depth history taking in directing management of LPR
- Explain the potential role for voice therapy in treatment of LPR

1 AMA PRA Category 1 Credit™

1.0 ANCC Contact Hour of Continuing Education

Resistant Hypertension

Wanpen Vongpatanasin, MD

Hypertension Section, Cardiology Division
University of Texas Southwestern Medical Center
Dallas, TX

After completing this activity, the participant should be better able to:

- Discuss the prevalence of resistant hypertension in the United States
- Explain the etiology of resistant hypertension
- Describe the pharmacologic and nonpharmacologic treatment of resistant hypertension

1 AMA PRA Category 1 Credit™

1.0 ANCC Contact Hour of Continuing Education

Screening for Elder Abuse in Patients Cared for at Home

Sharon Stark, PhD, RN, AGPCNP-BC, CFN, CPG

Professor
Coordinator Forensic Nursing Program
Monmouth University

After completing this activity, the participant should be better able to:

- Differentiate the types of elder abuse
- Evaluate variations in definitions of elder abuse
- Identify signs and symptoms of elder abuse
- Identify mandatory reporting requirements regarding elder abuse

1 AMA PRA Category 1 Credit™

1.0 ANCC Contact Hour of Continuing Education

Risks in Untreated Acute Otitis Media in Adults

Kenny Lin, MD

Resident
Otolaryngology – Head & Neck Surgery
New York Presbyterian Hospital – Columbia and Cornell

Lawrence R. Lustig, MD

Howard W. Smith Professor and Chair
Department of Otolaryngology – Head & Neck Surgery
Columbia University Medical Center

After completing this activity, the participant should be better able to:

- Discuss the mechanism of intracranial infections following acute otitis media
- Describe how to treat infectious processes in the mastoid
- List the presenting symptoms and signs of acute otitis media

1 AMA PRA Category 1 Credit™

1.0 ANCC Contact Hour of Continuing Education

Diagnosing and Treating Irritable Bowel Syndrome

Braden Kuo, MD, MSc

Director, Gastrointestinal Motility Laboratory
Division of Gastroenterology and Center for Neurointestinal Health
Massachusetts General Hospital
Assistant Professor of Medicine
Harvard Medical School

Kyle D. Staller, MD, MPH

Division of Gastroenterology and Center for Neurointestinal Health
Massachusetts General Hospital
Instructor in Medicine
Harvard Medical School

Kenneth Barshop, MD

Pritzker School of Medicine

After completing this activity, the participant should be better able to:

- Explain how the diagnosis of IBS can be established in patients without alarm features using symptom-based criteria
- Describe how IBS patients may be subtyped into those with predominate diarrhea, constipation, or mixed symptoms, guiding both diagnostic workup and therapy
- Apply successful management techniques, which include a combination of lifestyle changes, dietary interventions, medications, and behavioral strategies

1 AMA PRA Category 1 Credit™

1.0 ANCC Contact Hour of Continuing Education

Appropriate Screening and Documentation when Sexual Assault Is Suspected in the Adult Patient

Jenifer Markowitz, ND, RN, WHNP-BC, SANE-A, DF-IAFN

Editor, *Forensic Healthcare Online*

After completing this activity, the participant should be better able to:

- Describe the role of the primary care provider in caring for the acute sexual assault patient
- Identify the health consequences of sexual violence across the lifespan
- Outline priorities for health care and appropriate treatment guidelines following an acute episode of sexual assault

1 AMA PRA Category 1 Credit™

1.0 ANCC Contact Hour of Continuing Education

Opioid-Induced Constipation

Jeffrey Gudin, MD

Director, Pain and Palliative Care
Englewood Hospital and Medical Center
Englewood, NJ
Clinical Instructor, Anesthesiology
Icahn School of Medicine at Mount Sinai

Adam Laitman, MD

Research Associate
Pain Management Center
Englewood Hospital and Medical Center
Englewood, NJ

After completing this activity, the participant should be better able to:

- Explain the burden that constipation has on pain patients
- Describe the burden that constipation has on the health care system
- Assess the historic and recently available treatment options for this condition

1 AMA PRA Category 1 Credit™

1.0 ANCC Contact Hour of Continuing Education

Ethical and Liability Concerns in Admitting Mistakes

Douglas Mossman, MD

Professor of Clinical Psychiatry
Program Director, Forensic Psychiatry Fellowship
University of Cincinnati College of Medicine, Cincinnati, Ohio

Christopher P. Marett, MD, MPH

Volunteer Assistant Professor of Clinical Psychiatry
Associate Program Director, Forensic Psychiatry Fellowship
University of Cincinnati College of Medicine, Cincinnati, Ohio

After completing this activity, the participant should be better able to:

- Identify reasons to disclose adverse events and barriers to disclosure
- Review the evolution of ethical and legal underpinnings of error disclosure
- Employ strategies to best disclose error information and offer an apology

1 AMA PRA Category 1 Credit™

1.0 ANCC Contact Hour of Continuing Education

How to Differentiate Whooping Cough from Other Respiratory Infections

Joan Devine, MD, FACP

Assistant Professor of Medicine

Temple University

Faculty Allegheny Health Network

After completing this activity, the participant should be better able to:

- Recognize the danger of the rising epidemic
- Recognize the unique characteristic of an episode of whooping cough in adolescents and adults
- Describe the role of antibiotics and appropriate time fortreatment
- Explain the need for vaccination in adults and adolescents in preventing infantdeaths

1 AMA PRA Category 1 Credit™

1.0 ANCC Contact Hour of Continuing Education

Recognizing Lyme Disease Skin Rash To Avoid Misdiagnosis

John N. Aucott, MD

Assistant Professor of Medicine

Johns Hopkins University School of Medicine

Director

Johns Hopkins Lyme Disease Clinical Research Center

After completing this activity, the participant should be better able to:

- Discuss the seasonal and geographic epidemiology of Lymedisease
- Describe the clinical presentation of early Lyme disease
- Recognize the range of appearances of erythema migrans, the skin lesion of early Lyme disease
- Describe the manifestations of early disseminated infection in Lymedisease
- Review diagnostic testing for Lyme disease based on the CDC defined 2-tier serologic testing
- Differentiate the presentation of Lyme disease from other tick-borneinfections
- Discuss the treatment options for Lyme disease

1 AMA PRA Category 1 Credit™

1.0 ANCC Contact Hour of Continuing Education

Good Infection Control Practice for Managing Contagious Patients in the Waiting Room

Caroline Reuter, MD

Pediatric Infectious Disease Fellow
Ann & Robert H. Lurie Children's Hospital of Chicago

Tina Q. Tan, MD

Attending, Division of Infectious Diseases
Medical Director, International Patient Services Program
Ann & Robert H. Lurie Children's Hospital of Chicago
Professor of Pediatrics
Northwestern University Feinberg School of Medicine

After completing this activity, the participant should be better able to:

- Describe the four major modes of infection transmission
- List the 4 major methods of infection control
- Explain how to address the 3 types of isolation precautions
- Discuss strategies to reduce infection transmission in ambulatory settings including waitingrooms
- Discuss standard precautions and how they apply to the ambulatory care setting

1 AMA PRA Category 1 Credit™

1.0 ANCC Contact Hour of Continuing Education

Referral to Hospice for Noncancer Patients: Predicting Disease Course

Adam Cardina, MD¹

Janine L. Fogarty, MD¹

Fahad Saeed, MD¹

Timothy E. Quill, MD¹

¹Palliative Care Division
Department of Medicine
University of Rochester Medical Center
Rochester, NY

After completing this activity, the participant should be better able to:

- List the hospice referral criteria for patients with congestive heart failure (CHF) and chronic obstructive pulmonary disease (COPD)
- Describe the clinical course and illness trajectory of patients who experience a neurocritical illness, including hospice referral guidelines and difficulties with prognostication
- Discuss prognosis, disease trajectory, and hospice eligibility in patients with dementia and frailty

1 AMA PRA Category 1 Credit™

1.0 ANCC Contact Hour of Continuing Education

Patient Education Techniques to Assure Appropriate Use of Asthma Controller and Rescue Medications and Improve Adherence

Suzanne Burke-McGovern, MD

Department of Pediatrics
Center for Allergy and Asthma Research
State University of New York (SUNY) Downstate Medical Center
Brooklyn, New York

Rauno Joks, MD

Department of Internal Medicine
Center for Allergy and Asthma Research
State University of New York (SUNY) Downstate Medical Center
Brooklyn, New York

After completing this activity, the participant should be better able to:

- Discuss the prevalence of asthma, allergy, and anaphylaxis in the general population and the impact improper outpatient self-administration of inhalation medication and auto-injector treatment has on morbidity and possible mortality
- Describe the correct technique of MDI, MDI with spacer, MDI/spacer with tracheostomy, breath-actuated inhalers, and Diskus® use, as well as their maintenance
- Outline the indications and correct technique for epinephrine auto-injector use
- Explain the importance of medication adherence in those with chronic disease such as asthma and anaphylaxis

1 AMA PRA Category 1 Credit™

1.0 ANCC Contact Hour of Continuing Education

When Life-Sustaining Treatment Is Medically Inappropriate: Practical Strategies for Responding to Family Demands

Adam M. Peña, MA

Center for Medical Ethics & Health Policy

Baylor College of Medicine

Houston Methodist Hospital System

Houston Methodist Hospital System Biomedical Ethics Program

Houston, TX

After completing this activity, the participant should be better able to:

- Identify different definitions of the term "medical futility"
- Examine the difference between the terms "medical futility" and "medically inappropriate"
- Summarize areas of ethical consensus within the context of medical futility
- Describe practical management strategies for requests for medically inappropriate treatment

1 AMA PRA Category 1 Credit™

1.0 ANCC Contact Hour of Continuing Education

Medical Error Prevention: Infection Control and Avoidance of Injury in Office-Based Vaccine Delivery

Marsha K. Millonig, MBA, BPharm

President & CEO

Catalyst Enterprises, LLC

Associate Fellow

University of Minnesota College of Pharmacy

Center for Leading Healthcare Change

After completing this activity, the participant should be better able to:

- Explain the importance of providing office-based vaccination to improve public health
- Discuss the origin of the Occupational and Safety Health Administration (OSHA) and the Bloodborne Pathogen Standard
- Describe the key components of effective infection control
- List standard precautions that can be taken to reduce the risk of vaccine-related injury
- Discuss methods and tools for screening patients for vaccination
- Explain proper storage and handling techniques for vaccines and procedures for dealing with temperature excursions
- List available resources for office-based vaccine delivery

1 AMA PRA Category 1 Credit™

1.0 ANCC Contact Hour of Continuing Education

The Fundamentals of *Performance-Based Medicine*

Jonathan Bradlow, MD

Attending Physician and Assistant Professor
Montefiore Medical Center
New York, New York

Upon completion of this activity, participants should be better able to:

1. Detail the basic features of *performance-based medicine(PBM)*.
2. Explain the role of data, metrics, and physician evaluation under PBM.
3. Describe the role of information technology in PBM.
4. Formulate strategies that enable the implementation of a PBM program.

1 AMA PRA Category 1 Credit™

Fundamentals of an Accountable Care Organization

Hillary Yegen, JD

Managing Partner at Integritas Counsel, LLC
Certified in Healthcare Compliance
Glen Rock, New Jersey

Upon completion of this activity, participants should be better able to:

1. List the essential qualities of an ACO.
2. Explain how the ACO structure can benefit physicians.
3. Describe the ways that the ACO model benefits patients.
4. Explain how the ACO model can reduce overall healthcare costs.

1 AMA PRA Category 1 Credit™

10 Ways Your Office is Being Mismanaged, And What to Do About It

Cheryl Toth, MBA

Karen Zupko & Associates, Inc.

Healthcare Consultant and Trainer Specializing in Practice Management

Chicago, Illinois

Upon completion of this activity, participants should be better able to:

1. Request and review appropriate financial reports every month.
2. Reduce or eliminate 5 common risks to patient outcomes or financial outcomes.
3. Recognize 5 important characteristics of a good manager.
4. Identify common billing process mistakes that cost the practice the greatest amount per error.

1 AMA PRA Category 1 Credit™

Federal Anti-Kickback Laws: What Physicians Need to Know

Hillary Yegen, JD

Managing Partner at Integritas Counsel, LLC

Certified in Healthcare Compliance

Glen Rock, New Jersey

Upon completion of this activity, participants should be better able to:

1. Describe the features of the Federal anti-kickback statutes and the measures that a medical practice should take to avoid even the suspicion of violations.
2. Explain the False Claims Act and the actions that medical practices must take to avoid penalties for violating it.
3. Develop plans for implementing policies and processes that promote compliance with the federal fraud and abuse laws.

1 AMA PRA Category 1 Credit™

The Intricacies of the Health Insurance Portability and Accountability Act, and the Health Information Technology for Economic and Clinical Health Act What You Don't Do May Harm You

Michael Sacopulos, JD

President of Medical Risk Institute

Terre Haute, Indiana

Upon completion of this activity, participants should be better able to:

1. Develop and implement essential risk reduction policies for social media and email.
2. Dispose of electronic media properly.
3. Implement guidelines for using text messaging with patients.
4. Identify gaps in the practice's *business associate agreements* and conduct a *gap analysis* with vendors.

1 AMA PRA Category 1 Credit™

Physician Self-Referral (Stark Law)

Hillary Yegen, JD

Managing Partner at Integritas Counsel, LLC
Certified in Healthcare Compliance
Glen Rock, New Jersey

Upon completion of this activity, participants should be better able to:

1. Describe the essential aspects of the Stark law.
2. Detail the primary effects that the Stark law has had on medical practices.
3. List the designated health services that physicians may be prohibited from referring.
4. Formulate a practice strategy that includes Stark compliance.

1 AMA PRA Category 1 Credit™

Building a Compliance Program

Hillary Yegen, JD

Managing Partner at Integritas Counsel, LLC
Certified in Healthcare Compliance
Glen Rock, New Jersey

Upon completion of this activity, participants should be better able to:

1. Describe the essential qualities of modern compliance program.
2. Describe organizational changes that can help institute a compliance program.
3. Explain the benefits of having a compliance program.
4. Detail some of the road blocks that are frequently encountered in building a compliance program and how to circumvent them.

1 AMA PRA Category 1 Credit™

Contract Basics

Daniel Fredenberg, Esq.

Partner, Fredenberg Beams LLC
Healthcare law attorney
Phoenix, Arizona

Upon completion of this activity, participants should be better able to:

1. Describe the necessary clauses in various types of contracts.
2. Explain the types of contracts that are essential to a functioning medical practice.
3. Describe the basic elements of a business contract.
4. Assess current and future contracts for conformance with best practice guidelines

1 AMA PRA Category 1 Credit™

How to Resist Hospital Aggregation

Cheryl Toth, MBA

Karen Zupko & Associates, Inc.

Healthcare Consultant and Trainer Specializing in Practice Management

Chicago, Illinois

Upon completion of this activity, participants should be better able to:

1. Discuss the basic components of a governance agreement.
2. Review high priority financial indicators and reports.
3. Conduct a quarterly E/M services audit.
4. Assess whether the practice has optimized the use of payment technologies.
5. Identify and address knowledge and skill gaps to create an effective team.

1 AMA PRA Category 1 Credit™

These activities are provided by Postgraduate Institute for Medicine